NEW PATIENT PERSONAL QUESTIONNAIRE

			s date.
Name:		Street:	SSI # Work Phone: Spouse's Name:
City:	State:	Zip:	SSI #
L'ome Phone:	Cell Phone:		Work Phone:
Home Home.	Marital Status	S:	Spouse's Name:
Occupation:		Employer:	
Date of Birth: (mm/dd/yyyy)	Age:	Male / Female (circle)
Name of Person who referre	ed you to us:		
Tvalle of reigen who refers			
Incurance Carrier		Police	v No.
Group/alaim No.	Name	of Primary Insu	y No
Group/ciaini No.	rame	or i minary moa	
			eeded:
			onditions etc.) use back of the sheet if needed:
Dragant madigations use h	ack of the sheet if need	ed:	
Is there anything else related	I to your health that yo	u would like Di	r. Indelicato to know?
FILL OUT ONLY FOR IN	HIDV DEL ATED TO	A CAR ACCIT	DENT.
Insurance carrier for venicle	you were in:	m No if report	Date of Accident:
Driver of vehicle if you wer	Clai	in No. ii tepoti	red: Have you retained an attorney?
Name and Phone No. of Inc.	rance Adjuster		Have you retained an attorney:
Name and Phone No. of Att	orney (if applicable)		
Ivallie and I holic Ivo. of Att	micy (ii applicable)		
FILL OUT ONLY FOR WO	ORK-RELATED INJU	RY:	
Date of Accident:	Was it repo	rted: Yes/No	(circle)
Mana and Address of Cuml	******		
Did you stay at work? Yes /	No (circle) If no, whe	n did you returr	n to work?
Did you consult a Physician			
If yes, name and specialty of			
Did you retain an attorney?			
If yes, the Name and Phone	s' Comp claim before	Vec / No If	so when?



PATIENT INTAKE FORM

Patient Name:	Date:
1. Is today's problem caused by: Auto Accident Wo	orkman's Compensation
2. Indicate on the drawings below where you have pain/sy	
□ Frequently (51-75% of the time) □ Intern	sionally (26-50% of the time) nittently (1-25% of the time)
4. How would you describe the type of pain? Sharp Numb Dull Tingly Diffuse Sharp with motion Achy Shooting with motion Shooting Electric like with motion Stiff Other:	
5. How are your symptoms changing with time? □ Getting Worse □ Staying the Same	□ Getting Better
6. Using a scale from 0-10 (10 being the worst), how woul 0 1 2 3 4 5 6 7 8 9 10 (<i>Please circl</i> e	0)
7. How much has the problem interfered with your work? ☐ Not at all ☐ A little bit ☐ Moderately ☐ Quite	a bit Extremely
8. How much has the problem interfered with your social ☐ Not at all ☐ A little bit ☐ Moderately Quite a	activities? bit = Extremely
	ary Care Physician r: ne
10. How long have you had this problem?	
11. How do you think your problem began?	,
12. Do you consider this problem to be severe? □ Yes □ Yes, at times □ No 13. What aggravates your problem?	
14. What concerns you the most about your problem; who	at does it prevent you from doing?
45 What is your Hoight Weight	Date of Birth

		Occupation_				
= Exce		od a Good	aith? i o Fair	a Poor		
- Sten	nat type of exercise of uous	ate oLi				following:
18. Inc	licate if you have an	y immediate	family membe	rs with any	of the	□ Lupus
n Rhe	umatoid Arthnus		U Diabete	~		□ ALS
□ Hea	rt Problems		o Cancer			
19. F	or each of the condi	tions listed be	elow, place a	check in the	"past	" column if you have had the conditions in the "present" column.
in the	past. If you present	nave a con	CHUCH HOUSE	elow, place		ck in the "present" column. Present
Past	Present	Past	Present		. 40-	o Diabetes
0	□ Headaches		□ High Blood	Pressure	0	☐ Excessive Thirst
D	□ Neck Pain		□ Heart Attac	CK .		□ Frequent Urination
a	□ Upper Back Pain	a	□ Chest Pair	ıs		□ Smoking/Tobacco Use
	☐ Mid Back Pain	a	□ Stroke			Drug/Alcohol Dependance
0	G Low Back Pain		□ Angina		- TO	□ Allergies
	□ Shoulder Pain		□ Kidney Sto	nes	0	Depression
C	☐ Elbow/Upper Arm	Pain o	□ Kidney Dis	iorders	0	Systemic Lupus
	□ Wrist Pain		□ Bladder Im		Q.	© Epilepsy
a	☐ Hand Pain		o Painful Uri	nation	-	☐ Dematitis/Ecoma/Rash
D D	G Hip Pain		□ Loss of Bla	adder Contro		d HIV/AIDS
	c Upper Leg Pain		□ Prostate P	robiems	0	D 1 11 177 112 G
	с Knee Paiл		□ Abnomal		uwss E	or Females Only
	□ Ankle/Foot Pain	а	□ Loss of Ap			Birth Control Pills
	a Jaw Pain		□ Abdomina	rain	0	D Hormonal Replacement
C	□ Joint Pain/Stiffnes		Ulcer			g Pregnancy
	□ Arthritis		□ Hepatitis □ Liver/Gall	Diaddor Dice		57.13,
ū	☐ Rheumatoid Arthri	tis o			JILLEI	
	□ Cancer		General F	augue	_	
	□ Tumor		o Muscular I	ncoordinate	116	
	□ Asthma		□ Visual Dis	umances		
	Chronic Sinusitis		Dizziness			** ** *
	o Other					
20. Li	st all prescription m	edications yo	u are current	y taking:		
21. Li	st all of the over-the	-counter med	ications you a	are currenti	y taking	g:
22. Li	st all surgical proce	dures you hav	ve had:			
		d= =4===40				
	hat activities do you	do at work?	a	□ Half the	veh	□ A little of the day
a Sit		Most of the		a Half the		A little of the day
C Star		Most of the		□ Half the		☐ A little of the day
		a Most of the	•	u Half of t		13 1 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
	the phone:	☐ Most of the o	iay	u naii oi i	ne day	g / t mad of the all ,
24. W	hat activities do you	do outside o	f work?			
	we you ever been ho		□ No □	Yes		
26. Ha	ve you had significa	ant past traun	na? 🗆 No	□ Yes		
	ything else pertiner					
Patier	nt Signature			Dat	e:	

Occupation

Oswestry Low Back Pain Scale

Please rate the severity of your pain by circling a number below:

3

0

1

Date Name_

Instructions: Please circle the ONE NUMBER in each section which most closely describes your problem.

Section 1 - Pain Intensity

0. The pain comes and goes and is very mild.

No pain

- 1. The pain is mild and does not vary much.
- 2. The pain comes and goes and is moderate.
- 3. The pain is moderate and does not vary much.
- 4. The pain comes and goes and is severe.
- 5. The pain is severe and does not vary much.

Section 2 - Personal Care (Washing, Dressing, etc.)

- 0. I would not have to change my way of washing or dressing in order to avoid pain.
- 1. I do not normally change my way of washing or dressing even though it causes some pain.
- 2. Washing and dressing increase the pain but I manage not to change my way of doing it.
- 3. Washing and dressing increase the pain and I find it necessary to change my way of doing it.
- 4. Because of the pain I am unable to do some washing and dressing without help.
- 5. Because of the pain I am unable to do any washing and dressing without help.

Section 3 - Lifting

- 0. I can lift heavy weights without extra pain.
- 1. I can lift heavy weights but it gives extra pain.
- Pain prevents me lifting heavy weights off the floor.
- 3. Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g., on a table.
- 4. Pain prevents me lifting heavy weights but I can manage light to medium weights if they are conveniently positioned.
- I can only lift very light weights at most.

Section 4 - Walking

- O. I have no pain on walking.
- 1. I have some pain on walking but it does not increase with distance.
- I cannot walk more than 1 mile without increasing pain.
- I cannot walk more than ½ mile without increasing pain.
- 4. I cannot walk more than 1/4 mile without increasing pain.
- I cannot walk at all without increasing pain.

Section 5 - Sitting

- O. I can sit in any chair as long as I like.
- 1. I can sit only in my favorite chair as long as I like.
- 2. Pain prevents me from sitting more than 1 hour.
- 3. Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- 5. I avoid sitting because it increases pain immediately.

Section 6 - Standing

- 0. I can stand as long as I want without pain.
- 1. I have some pain on standing but it does not increase with time.

Unbearable pain

- 2. I cannot stand for longer than 1 hour without increasing pain.
- 3. I cannot stand for longer than 1/2 hour without increasing pain.
- 4. I cannot stand for longer than 10 minutes without increasing pain.
- I avoid standing because it increases the pain immediately.

Section 7 - Sleeping

- 0. I get no pain in bed.
- 1. I get pain in bed but it does not prevent me from sleeping well.
- 2. Because of pain my normal nights sleep is reduced by less than one-quarter.
- 3. Because of pain my normal nights sleep is reduced by less than one-half.
- 4. Because of pain my normal nights sleep is reduced by less than three-quarters.
- 5. Pain prevents me from sleeping at all.

Section 8 - Social Life

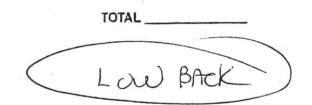
- 0. My social life is normal and gives me no pain.
- 1. My social life is normal but it increases the degree of pain.
- 2. Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., dancing, etc.
- 3. Pain has restricted my social life and I do not go out very often.
- 4. Pain has restricted my social life to my home.
- 5. I have hardly any social life because of the pain.

Section 9 - Traveling

- 0. I get no pain when traveling.
- 1. I get some pain when traveling but none of my usual forms of travel make it any worse.
- I get extra pain while traveling but it does not compel me to seek alternate forms of travel.
- 3. I get extra pain while traveling which compels to seek alternative
- forms of travel. 4. Pain restricts me to short necessary journeys under 1/2 hour.
- 5. Pain restricts all forms of travel.

Section 10 - Changing Degree of Pain

- 0. My pain is rapidly getting better.
- 1. My pain fluctuates but is definitely getting better.
- 2. My pain seems to be getting better but improvement is slow.
- 3. My pain is neither getting better or worse.
- 4. My pain is gradually worsening.
- 5. My pain is rapidly worsening.



NECK DISABILITY INDEX

Na	ame:		Date:	File #:
Th	tis questionnaire helps us to understand how much tivities. Please check the one box in each section t	you hat i	r neck pain has	affected your ability to perform everyday cribes your problem right now.
ac	CONTRACT Print Transity	SE	CTION 6 - Concen	tration
	CTION 1 - Pain Intensity	D	I can concentrate fi	ally when I want to with no difficulty.
	I have no pain at the moment.	П	I can concentrate fi	ally when I want to with slight difficulty.
	The pain is very mild at the moment.	Ü	I can concentrate i	any when I want to will stight difficulty.
	The pain is moderate at the moment.	i.l		of difficulty in concentrating when I
	The pain is fairly severe at the moment.		want to.	
Ü	The pain is very severe at the moment.	IJ	I have a lot of diffi	culty in concentrating when I want to.
	The pain is the worst imaginable at the moment.		I have a great deal	of difficulty in concentrating when I
			want to	
SE	CCTION 2 - Personal Care (Washing, Dressing, etc.)		I cannot concentra	te at all.
	I can look after myself normally without causing extra pain.			
0	I can look after myself normally but it causes extra pain.		SECTION	7 - Work
0	It is painful to look after myself and I am slow and careful.	11	I can do as much v	vork as I want to.
П	It is painted to look after myself and I am slow and careful.			usual work, but no more.
П	I need some help but manage most of my personal care.	0	I can do most of m	ny usual work, but no more.
	I need help every day in most aspects of self-care.		I cannot do my us	
	I do not get dressed, I wash with difficulty and stay in bed.			
			I can hardly do an	
	ECTION 3 - Lifting	П	I can not do any w	ork at all.
	I can lift heavy weights without extra pain.		CT CTT CAN	0 D.1.1.
	I can lift heavy weights but it gives extra pain.			8 - Driving
	Pain prevents me from lifting heavy weights off the floor,		I can drive my car	without any neck pain.
	but I can manage if they are conveniently positioned.		I can drive my car	as long as I want with slight pain in my
	Pain prevents me from lifting heavy weights, but I can		neck.	10 m m m m m m m m m m m m m m m m m m m
_	manage light to medium weights if they are conveniently			as long as I want with moderate pain in
	positioned		my neck.	
	I can lift very light weights.			ar as long as I want because of moderate
	I cannot lift or carry anything at all.		pain in my neck.	The state of the s
			I can hardly drive	at all because of severe pain in my neck
S	ECTION 4 - Reading		I can't drive my c	ar at all.
	I can read as much as I want with no pain in my neck.			*
П	I can read as much as I want with slight pain in my neck.		SECTION	V9 - Sleeping
п	I can read as much as I want with moderate pain in my	0	I have no trouble	sleeping
ч	neck.			tly disturbed (less than 1 hr sleepless).
n	I can't read as much as I want because of moderate pain in			y disturbed (1-2 hrs sleepless).
u		П	My sleep is mode	erately disturbed (2-3 hrs sleepless).
	my neck. I can hardly read at all because of severe pain in my neck.	0	My cleen is great	ly disturbed (3-5 hrs sleepless).
	I cannot read at all due to pain.		My sleep is great	pletely disturbed (5-7 hrs sleepless).
U	I cannot lead at an dde to pani.		ing) steep is comp	
S	ECTION 5 - Headaches			N 10 - Recreation
	I have no headaches at all.		I am able to enga	ge in all my recreation activities with no
_	I have slight headaches that come infrequently.		neck pain at all.	S. N
	I have moderate headaches that come infrequently.		I am able to engage	ge in all my recreation activities, with
	I have moderate headaches that come frequently.	•	some pain in my	
		_	I am able to enos	age in most, but not all of my usual
	I have severe headaches that come frequently.	_		ties because of neck pain.
	I have headaches almost all the time.	_		age in a few of my usual recreation activi-
		L		
	•		ties because of p	
				ny recreation activities because of pain in
			my neck.	
		ľ	I can't do any re	creation activities at all.

CHIROPRACTIC INFORMED CONSENT TO TREAT

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays and/or other tests on me (or the patient named below, for whom I am legally responsible) by the doctor or chiropractor named below and/or other licensed doctors of chiropractic who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor or chiropractic named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fractures, disc injuries, strokes, dislocations, falls, dizziness, headaches, burns with modalities and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, and is in my best interests.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment

Dr. Joseph Indelicato

Patient Signature – or signature of Patient's Representative	Date
[Indicate relationship if signing for the patient	